

VERMONT
State Level Report from the National Survey on Drug Use and Health (NSDUH)¹
2009/2010 Selected Results²

Alcohol and Youth (Ages 12-20)

Vermont has the highest rate in the country of underage drinking in the past month (34.6%) and the 2nd highest rate of underage binge drinking in the past month (24.1%).

Alcohol and Young Adults (Ages 18-25)

Vermont young adults were 3rd in the nation in past month alcohol consumption rate (72.7%) and 1st in past month binge drinking (51.3%).

Alcohol Dependence or Abuse(Past Year) [Data not shown in table]

Vermont ranks 14th in individuals over the age of 12 who meet criteria for either alcohol dependence or abuse (8.0%), 20th among 12-17 year olds (4.9%), 5th among 18-25 year olds (19.9%), and 24th among those 26 and older (6.3%).

Marijuana

Overall, Vermont has the 2nd highest rate in the country of past month use of marijuana (11.6%) and the highest rate among those 18-25 (32.0%). Among those 12-17, Vermont is 2nd in the nation in past month use of marijuana (10.7%). Vermont also has the 2nd highest overall rate of marijuana use in the past year (17.0%), the 3rd highest rates among those 12-17 (17.9%), and the highest among those 18-25 (46.4%). In addition, 12-17 year olds are 2nd to last in the nation in and 18-25 year olds are last in the nation in perceiving a great risk in smoking marijuana once a month (12-17 = 23.4%; 18-25 = 10.5%). Among those 12 and older, Vermont is 2nd last in the nation in perceiving great risk of smoking marijuana once a month (22.7%). This represents a significant decrease from the 2008/9 report.

Illicit Drugs Other than Marijuana [cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type opiates used nonmedically]

Overall, Vermont ranks 4th in the nation in the rate of past month use of illicit drugs other than marijuana for those 12+ (4.6%). Among 12-17 year olds, there was a significant decrease from 2008-9. Vermont is 1st in the nation among those 18-25 (12.7%). Among 18-25 year olds, Vermont has the highest in the nation prevalence of past year cocaine use (10.0%).

Non-medical Use of Pain Relievers

Overall, Vermont ranks 28th in the nation in the rate use of non-medical use of pain relievers in the past year (4.9%), 39th among those aged 12-17 (6.0%), 15th among those 18-25 (13.3%), and 30th among those 26 and older (3.3%).

Illicit Drug Dependence or Abuse(Past Year) [Data not shown in table]

Vermont ranks 8th overall in the rate of individuals over the age of 12 who meet criteria for illicit drug dependence or abuse (3.2%), 21st among those 12-17 (4.5%), 1st among 18-25 year olds (11.0%), and 29th among those 26+ (1.7%).

Needing but Not Receiving Treatment for Illicit Drug or Alcohol Use [Data not shown in table]

For individuals over 18, Vermont ranked 7th (2.8%) for illicit drug use and 12th (7.9%) for alcohol use in needing but not receiving treatment/

Age 18+

This is the first release of NSDUH data that uses this age category (although SAMHSA also simultaneously released comparison data for 2008/9 for this age group).

¹ The National Survey on Drug Use and Health (NSDUH) is a primary source of monitoring both state-level and national trends in ATOD use and abuse. NSDUH is conducted annually on a randomly selected representative sample of approximately 1000 Vermonters (total US sample in 2007 = 68,308). NSDUH results are part of the National Outcome Measures (NOMS) reporting requirements. The survey is conducted in person by trained interviewers using both computer assisted interviews and (for sensitive data collection) audio computer-assisted self-interviewing (ACASI). ACASI methodology is used for the sensitive drug use and nonuse questions to enhance privacy by having the respondent listen to the prerecorded questions through headphones and enter the responses directly into the computer. This methodology is utilized to improve the accuracy of these sensitive data.

² Substance Abuse and Mental Health Services Administration. (2012). *State Estimates of Substance Use from the 2009-2010 National Surveys on Drug Use and Health*. NSDUH Series H-40, HHS Publication No. (SMA) 12-4703. Rockville, MD: SAMHSA. These data are the combined results from the 2009 & 2010 surveys.

NSDUH 2009-2010 Vermont Data Summary				
Prevalence and Rankings				
	Past Month %	VT Rank* (Raw)	Past Year %	VT Rank* (Raw)
CONSUMPTION				
Alcohol (12+)	61.7	5		
Underage Consumption (12-20)	34.6	1		
Underage Binge (12-20)	24.1	2		
12- 17 Consumption	17.4	5		
12-17 Binge	10.0	8		
18-25 Consumption	72.7	3		
18-25 Binge	51.3	1		
26+ Consumption	64.6	5		
26+ Binge	23.9	16		
18+ Consumption	65.8	5		
18+ Binge	27.9	11		
Marijuana (12+)	11.6	2	17.0	2
12-17	10.7	2	17.9	5
18-25	32.0	1	36.4	1
26+	8.2	3	11.8	4
18+	11.7	2	16.9	2
			<i>Cocaine</i>	
Illicit Drugs Other than Marijuana (12+)	4.6	6	3.1	3
12-17	4.1	42	1.2	4
18-25	12.7**	1	10.0	1
26+	3.2	11	2.1	5
18+	4.6**	5	3.2	3
Non-Medical Use of Pain Relievers (12+)			4.9	28
12-17			6.0	39
18-25			13.3	15
26+			3.3	30
18+			4.7	26
RISK PERCEPTION				
Great Risk of Binge Drinking 1,2 Times/Week (12+)	36.6	45		
12-17	32.1	50		
18-25	22.9	51		
26+	39.4	44		
18+	37.0	45		
Great Health Risk of Smoking Marijuana 1/Month (12+)	22.7†	50		
12-17	23.4	50		
18-25	10.5	51		
26+	24.8	48		
18+	22.7†	49		

* = Rank among 50 States and the District of Columbia

** = Significant increase from previous report (2008/09)

† = Significant decrease from previous report (2008/09)